

Horaires	Lu	Ma	Me	Je	Ve	Sa	Di
08:00	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE
15							
30							
45							
09:00	BODYSCULPT	STEP	ABDOS	FESSIERS	ABDOS	SPINBIKE	FESSIERS
15							
30							
45							
10:00	ABDOS	FESSIERS	SPINBIKE	STRETCH-PILATES	LATINO FIT	FESSIERS	SPINBIKE
15							
30	BODYSCULPT	ABDOS	FESSIERS	BODYSCULPT	SPINBIKE	LATINO FIT	SPINBIKE
45							
11:00	LATINO FIT	STRETCH-PILATES	SPINBIKE	BODYSCULPT	SPINBIKE	STEP	ABDOS
15							
30	STRETCH-PILATES	LATINO FIT	SPINBIKE	ABDOS	STRETCH-PILATES	STEP	FESSIERS
45							
12:00	STEP	SPINBIKE	STRETCH-PILATES	SPINBIKE	ABDOS	SPINBIKE	PILATES
15							
30	SPINBIKE	SPINBIKE	BODYSCULPT	SPINBIKE	FESSIERS	SPINBIKE	PILATES
45							
13:00	SPINBIKE	STEP	BODYSCULPT	BODYSCULPT	STEP	PILATES	STRETCH-PILATES
15							
30	ABDOS	LATINO FIT	ABDOS	STRETCH-PILATES	SPINBIKE	PILATES	SPINBIKE
45							
14:00	FESSIERS	ABDOS	SPINBIKE	LATINO FIT	SPINBIKE	LATINO FIT	SPINBIKE
15							
30	ABDOS	FESSIERS	SPINBIKE	STEP	ABDOS	ABDOS	LATINO FIT
45							
15:00	PILATES	BODYSCULPT	LATINO FIT	BODYSCULPT	FESSIERS	SPINBIKE	SPINBIKE
15							
30	PILATES	SPINBIKE	STEP	ABDOS	BODYSCULPT	SPINBIKE	SPINBIKE
45							
16:00	BODYSCULPT	SPINBIKE	SPINBIKE	LATINO FIT	BODYSCULPT	STRETCH-PILATES	Fessiers-2-Corse
15							
30	BODYSCULPT	SPINBIKE	SPINBIKE	STRETCH-PILATES	ABDOS	STEP	ABDOS
45							
17:00	ABDOS	STEP	FESSIERS	STEP	FESSIERS	ABDOS	STEP
15							
30	FESSIERS	LATINO FIT	ABDOS	STEP	STEP	FESSIERS	STRETCH-PILATES
45							
18:00	SPINBIKE	SPINBIKE	BODYSCULPT	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE
15							
30	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE
45							
19:00	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	STRETCH-PILATES	ABDOS
15							
30	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	SPINBIKE	PILATES	PILATES
45							
20:00	STEP	BODYSCULPT	SPINBIKE	PILATES	LATINO FIT	PILATES	PILATES
15							
30	STEP	FESSIERS	SPINBIKE	PILATES	PILATES	SPINBIKE	SPINBIKE
45							
21:00	STRETCH-PILATES	STRETCH-PILATES	STRETCH-PILATES	STRETCH-PILATES	PILATES	SPINBIKE	SPINBIKE
15							
30							
45							